

Health & Wellbeing Board Sub-Groups

- **Children's Delivery Group**
- **Locality Integration Board**
- **Mental Health Action Group**
- **Suicide Prevention Action Group**
- **Substance Misuse Harm Reduction Group**
- **Building Communities Together Partnership**
- **Homelessness Strategy Forum**
- **Ageing Well Task Group**
- **Skills & Enterprise Partnership**
- **Health & Wellbeing Engagement Group**

The Health & Wellbeing Conference 2020



Attendees from a range of services – both statutory and voluntary sector

The group receives reports and provides scrutiny, challenge and encouragement to the SEND strategy, Young Carers, Therapeutic Thinking in Schools, Family Hubs, Public Health presentations to schools, Early Help Strategy and the My Family Plan (software programme).

This past year there has been a HWB priority of *Give every child the best start in life.*

The CDG have used research and best practice from 'the first 1001 days', Adverse Childhood Experiences, and Trauma Informed approaches to help inform and shape a longer term collective strategy. The more recent learning from Covid lockdown will also be used.

A 'Vision' conference was arranged for April involving a wide range of partners, but had to be postponed due to COVID-19. There are plans for the Vision Conference to still go ahead, with the outcome being an agreed multi-agency, longer term strategy to focus on preventative approaches and respond effectively to need at the earliest opportunity.

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- The Health and Wellbeing Board identified Primary Care Network (PCN) development as one of the priorities for 2019/20. The Locality Integration Board has offered the vital link between the Board and the PCNs.
- Membership of the Locality Integration Board has been strengthened and now includes the Clinical Directors from the Primary Care Networks. We have refreshed our work programme to work on common goals.
- The West Berkshire Social Prescribing Working Group has been established, bringing together social prescribers in primary care with relevant professionals from the local authority and voluntary sector.

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- The Mental Health Action Group (MHAG) was established in August 2017 and in April 2018 Mental Health was identified as a priority by the Health and Wellbeing Board.
- The group has previously identified four key work streams. One of which was to 'Celebrate, promote and connect existing resources especially those who provide Community Navigation and Peer Support'.
- Over the last 18 months we have worked with Eight Bells for Mental Health, Open for Hope and Recovery in Mind to fund a range of activities that support people with mental ill-health.
- We worked with the NHS to undertake an audit of deaths among people with Serious Mental Illness (SMI).
- We have recently co-produced a community wellbeing model (encompassing social prescribing and asset based community development), working with primary care and the community and voluntary sector.

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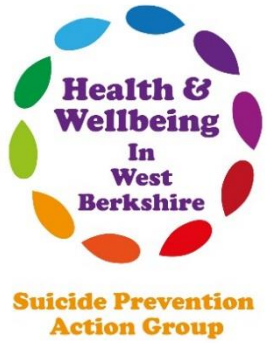
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- We supported the continued development of the West Berkshire Directory to ensure information was easily accessible for people with mental ill-health.
- We coproduced a mental health crisis review, following on from a 'Thinking Together' event. This led to a Berkshire West CCG system-wide review around supporting people experiencing mental health crisis and the redesign of the crisis care pathway.
- We continue to provide information and advice to the public on mental health and where they can access local support. This includes promoting the 'Every Mind Matters' campaign.
- We will soon be signing up to the national 'Prevention Concordat for Better Mental Health' that will demonstrate a shared commitment by partners to prevent mental health problems and promoting good mental health.
- In light of COVID-19, we recognise the negative impact this will likely have on our mental wellbeing. This will be a key focus for us over the coming months.

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Who we are:

- Volunteer Centre West Berkshire established the Suicide Prevention Action Group in May 2017 – comprises circa 20 voluntary and statutory partners

Key achievements to date:

- 3 Suicide Prevention training Sessions for 200 people delivered
- 4 television items presented
- A comedy night presentation in Hungerford
- Leaflets prepared and printed
- Newspaper items written and published
- Radio presentations given
- 2 Podcasts completed
- Samaritans signs erected in the following locations
 - 2 town centre multi story car parks
 - Signs erected at Sandleford Link Bridge, A339 Love Lane Bridge, A34 Speen Bridge, A34 Enborne Bridge

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Who we are:

- We are made up of a range of organisations and partners including council departments, TVP, CCG, Healthwatch, Substance Misuse Services, statutory and voluntary sector partners. We also have a Sub Group which focuses on Young People.

Our objectives:

- Reduce alcohol related harm across the district for all age groups.
- Support residents to stop smoking and reduce substance misuse.
- This includes monitoring trends and problems relating to substance misuse and provide a strategic overview of Substance misuse in the area and have oversight of performance relating to substance misuse treatments.

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Our main achievements:

- Introduction of the Drug Diversion scheme in partnership with Thames Valley Police
- Rollout of Alcohol Intervention and Brief Advice training to a range of organisations
- The Blue Light Programme and Training for those with more complex needs
- Introduction of Hepatitis C treatment in Swanswell
- Swanswell continue perform well and have excellent completion in drug and alcohol treatment

The impacts of Covid-19:

- Services have continued to be delivered via telephone, zoom and email with minimal face to face activity
- Services have reported good engagement and that some service users like the new way of working so will be looking at more flexible service delivery
- All those on prescribed medication were reviewed regularly and provided with Naloxone and safe storage boxes.

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Building Communities
Together Partnership

Who we are:

- The BCT Partnership consists of a wide range of partners with the shared vision to support communities to better harness local resources, help each other and build resilience whilst protecting the most vulnerable

The BCT Partnership objectives are:

- **Community Engagement** - Develop and sustain effective and appropriate ways of working with communities, groups, networks and individuals
- **Early Intervention and Prevention** - Protect those who are vulnerable and work in partnership to reduce risk
- **Empowering Communities and Individuals** - Identify opportunities for communities and individuals to 'take the lead'
- **Integrated working** - Strengthen the BCT Partnership

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Building Communities
Together Partnership

Key Partnership Achievements 2019 – 2020

- **Community Engagement**
 - Community Support Hub
 - Harnessing community good will and resources
 - Protecting and supporting those who were vulnerable
 - Legacy – new way of working
- **Addressing Anti-social Behaviour**
 - Utilising available tools and powers
 - House Closures, Community Protection Warning Notices, Public Space Protection Orders
 - Respite for communities, prevention of escalation to more serious issues
- **Addressing Domestic Abuse**
 - Training and Awareness Raising
 - Training and Champions Scheme
 - Campaigns during Covid-19 Lockdown
 - Learning from Domestic Homicide Reviews

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Who we are:

- Made up of a wide group of organisations including the voluntary sector, Council Depts, Sovereign Housing Association, NHS, CCG, Healthwatch, Thames Valley Police

Key aim and role of the group:

- The key aim of the West Berkshire Homelessness Strategy Forum is for housing providers and relevant agencies to work in partnership to reduce homelessness and work together to tackle homelessness related issues.
- The Homelessness Strategy Forum will contribute to the West Berkshire Housing and Homelessness Strategies.
- The aim is to reduce homelessness and rough sleeping to as close to zero as possible with the emphasis on prevention.

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Main achievements in recent years:

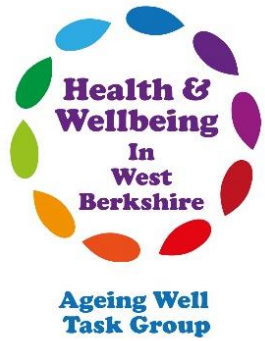
- Support for the production of a 'Reducing Homelessness & Rough Sleeping Strategy' (adopted December 2019)
- Support for the production of a Housing Strategy (to be adopted February 2021)
- Support for the production of a Homelessness and Rough Sleeper Plan
- Reduction in the number of rough sleepers from 25 to under 10
- Adoption and implementation of a Winter Plan to support rough sleepers
- Introduction of Housing First model and successful use to house a number of long-term rough sleepers
- Adopting and merging into main stream thinking the principles of the MEAM (Making Every Adult Matter) approach

COVID-19 impacts:

- Task Force Group created and meets weekly
- Housed and supported (including feeding) 60+ homeless individuals during the crisis
- Now supporting individuals into permanent accommodation (40 have moved or have offers)

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Focus on Falls Prevention

What have we achieved:

- Increased availability of Steady Steps classes
- Falls prevention Safe & Well Pilot with Royal Berkshire Fire and Rescue Service
- Falls Coordinator's embedded in West Berkshire Council Adult Social Care
- Falls Awareness Training for VCSE organisations & community groups
- Smart City Falls Prevention Pilot
- Co production of falls awareness video
- Falls Prevention information page on GP Surgery public websites

How are we looking to mitigate the impact of COVID-19 whilst services cannot take place face to face – working in partnership with Get Berkshire Active

- Fall Proof resources – Exercise prompt cards, booklets and videos
- Webinar – Supporting people to stay active
- Trial programme of socially-distanced gentle outdoor exercise sessions underway

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The aims of the Skills & Enterprise Partnership are to:

- Promote economic development by ensuring widest possible talent pool for local employers
- Support people from groups who are under-represented in employment to acquire skills and overcome barriers in order to enter, or re-enter, employment
- Support employers in providing and sustaining employment for people in under-represented groups to increase diversity. These include: people with physical disabilities; people with mental health problems; people with learning disabilities; and people with long-term health conditions

Key achievements 2018/20

1. Working for a Healthier Tomorrow Conference

- Attracted 122 attendees, which exceeded the target. Great feedback from attendees with clear evidence that it had a positive impact on their knowledge and understanding, with a particularly positive shift in the understanding of locally available supported employment opportunities.

2. Work & Careers Fair

- 42 exhibitors took part, including large national employers, local businesses and education providers. Attendees included Newbury College students, external visitors (adults), and students from special schools and from other schools.

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3. Toolkit for employers supporting vulnerable people in employment

- JCP produced a live document 'Supporting Customers With Complex Needs In Newbury', which is regularly updated and provides a summary of services available for different groups. JCP also produced an employer toolkit for supporting vulnerable people in employment.

4. Delivering Life Skills Programme

- The EBP increased its Delivering Life Skills Programme in 2019/20 for selected students in West Berkshire schools who are struggling with confidence, self-esteem and positive thinking. The workshops were evaluated by participants as very successful. Teachers were very supportive and encouraged students to 'have a go' and helped them to overcome any initial concerns. The students who got involved made the most of the opportunity and found the activities fun and relevant.

Key projects planned for 2020/21

1. Delivery of a campaign to promote sustained employment of people from under-represented groups
2. Development of the second phase of the 'Working for a Healthier Tomorrow' initiative
3. Expansion of the 'Delivering Life Skills' programme
4. Enhanced Work & Careers Fair, including participation by local schools and supporting employment opportunities for people with learning disabilities *Kindness and Community in West Berkshire*

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Who we are:

- Includes Berkshire West CCG, BHFT, Healthwatch, patient representatives, Oxford Academic Health Science Network, DWP, Volunteer Centre West Berkshire and West Berkshire Council

Key aim:

- To co-ordinate community engagement that drives change for the benefit of patients, service users and the public as a whole

Achievements:

- Annual Health and Wellbeing Conference
- Regular articles in Newbury Weekly News
- Public engagement through social media
- Promote West Berkshire Directory as a one-stop shop for information and advice

<https://directory.westberks.gov.uk>

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